

By Alys Jackson

Illustrated by Leigh Brown

Teacher's Notes

These notes were prepared by Alys Jackson. They may be downloaded free of charge for educational use only. Recommended for ages 4-7.



Page-

Contents

ABOUT THE BOOK	2
ABOUT THE AUTHOR	3
AUTHOR MOTIVATION	3
LEARNING AREAS AND CONTENT DESCRIPTORS	3
DISCUSSION GUIDE	4
COMMIT TO BE FIT Class Poster (F - YR 4) Health and Physical Education	5
HOW DO ANIMALS MOVE? (YR 1) Science	
DRAMATISE THE STORY (F – YR 2) Drama	7
MOVE LIKE A MONKEY (F – YR 3) Health and Physical Education	8
UNDERSTANDING RHYTHM (YR 1 – YR 3) English Language	9
ACTIVITY SHEETS	10
	15

THEMES

Animal Features Animal Movement Health and Fitness

Rhythm and Rhyme Good and Bad Habits

ABOUT THE BOOK

Hugo's Runaway Legs is a humorous rhyming narrative in which the main character's legs decide to quit.

- Delightful rhyming verse ideal for reading aloud, reader participation and prediction.
- Ideal for Foundation, Year One and Year Two curriculum resources.
- Communicating and interacting for health and wellbeing.
- Responding to and examining literature.
- Text structure and organisation reciting poetic and rhyming phrases, understanding patterns of repetition.
- Discussion starter for issues such as poor fitness habits.
- An introduction to broader, contemporary issues involving health and well-being, the promotion of fitness and healthy habits.

'Wide eyes and belly laughs for this hilarious tale with perfect rhyme and a sneaky message about the perils of too much screen time!' Kylie Covark, author of Float or Sink.



ABOUT THE AUTHOR

Alys' short stories and poetry regularly appear in the School Magazine (Australia), The Caterpillar (Ireland) and Aquila

(UK). In 2017, she received the Poetry Award at the Henry Lawson Festival of Arts and the Harold Goodwin Short Story Award. Her website <u>alysjackson.com</u> is an accredited learning destination for The Children's University, an international charity aimed at providing innovative and engaging activities for children between the ages of 7 and 14.



AUTHOR MOTIVATION

As much as we all understand the importance of physical health and fitness, getting our children off the internet and exercising seems to be a constant battle. Children are spending less time outdoors than ever before. In *Hugo's Runaway Legs,* Alys takes a light-hearted look at the consequences of refusing to exercise. Fantastical illustrations by Leigh Brown help to create a poignant story that Alys hopes children will love to re-read and remember.

LEARNING AREAS AND CONTENT DESCRIPTORS

KLA: HEALTH AND PHYSICAL EDUCATION Movement and physical activity

KLA: SCIENCE Science understanding

KLA: ENGLISH Expressing and developing ideas Interpreting, analysing, evaluating Creating text Interacting with others Examining literature Visual and context Respond to Literature Language for interaction

KLA: DRAMA

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION: ADS

AUTRALIAN SALES: NEWSOUTH BOOKS

LARRIKIN

DISCUSSION GUIDE

BEFORE READING

Look at the front cover and the title of the book.

Now read the blurb on the back.

Can you guess what this story might be about? Why?

What does the title tell us?

What does the picture on the cover tell us?

AFTER READING:

Who are the characters in the story?

What are the events in this story?

What is the message of this story/what is the author trying to say?

How does the illustrator show what the characters are feeling? Think about movement, facial expressions and body language.

How do the illustrations show what is happening?

Is this a sad story or a happy story? Why?

LARRIKIN

AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION:

ADS Email: adscs@alliancedist.com.au

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





COMMIT TO BE FIT Class Poster (F - YR 4) Health and Physical Education

KLA: HEALTH AND PHYSICAL EDUCATION

Movement and physical activity

Overview: Students discuss the importance of exercise to health and create a class poster with clear fitness goals.

YEAR ONE/YEAR TWO/YEAR THREE/YEAR FOUR

- 1. Listen to and read Hugo's Runaway Legs.
- 2. Why do Hugo's legs run away?
- 3. What does Hugo promise to do to make his legs stay?
- 4. Talk about good and bad habits.
- 5. Brainstorm types of exercise and list them from easy to difficult.
- 6. Why is exercise important? Create a mind map around the health benefits of exercise (makes heart, lungs and bones strong/keeps our blood moving/controls weight/prevents diseases/improves energy/makes us feel happy.
- 7. Come up with 5 ways in which each student can improve their fitness (walk to school/take the dog for a walk/always take the stairs/dance to music/try playing a sport).
- 8. Create a **Commitment to Exercise** class poster. Class decides on the content. This could be a commitment to exercise as a class or individual commitments to health. The poster might set actions with times.

Year 1 - 2

KLA. Movement and Physical Activity: Understanding movement: Discuss the body's reactions to participating in physical activities (<u>ACPMP046</u>

Year 3 - 4

KLA. Movement and Physical Activity: Understanding movement: Examine the benefits of physical activity to health and wellbeing (<u>ACPMP028</u>

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION: ADS

LARRIKIN

HOW DO ANIMALS MOVE? (YR 1) Science

KLA: SCIENCE

Science understanding

Overview: This activity explores animal body features and how different animals move.

YEAR ONE

- 1. Listen to a reading of Hugo's Runaway Legs.
- 2. Look at the illustrations of Hugo. Consider the facial expressions, movement and body language.
- 3. How does Hugo feel when he wakes up to find his legs missing? How do you know what Hugo is feeling and thinking?
- 4. Look at all the different animals. Talk about the different features of animals (body, head, legs) and their purposes. Talk about movement. How do each of the pairs of legs move? Do they jump or run? Can they hop or skip?
- 5. **Guess the Animal Activity Sheet**. Look at the pictures on the activity sheet. Can you guess who these legs belong to? How many did you get right?
- 6. Your turn. Can you draw an animal in motion? (hopping, swimming, running, jumping, flying). Can you label the body features? See if the class can guess which animal the legs belong to.

Extension activity: Explore how animal features have adapted to suit different habitats. Predict body features and movement from images of habitats.

KLA. Expressing and developing ideas: Explore the different contribution of words and images to meaning in stories and informative texts <u>ACELA1786</u>

KLA. Science Understanding: Living things have a variety of external features ACSSU017

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION: ADS

LARRIKIN

DRAMATISE THE STORY (F - YR 2) Drama

Overview: Students listen and respond as fictional characters, exploring using voice and movement to create a role.

FOUNDATION

- 1. Listen to a reading of Hugo's Runaway Legs.
- 2. Imagine having different legs. How would Hugo move if he had frog legs? How about penguin legs?
- 3. Practice moving and acting like Hugo with different animal legs.
- 4. Listen to the story again and mime/ act out the parts. Consider using instruments for sound effects, or props.

KLA. Creating Literature: Retell familiar literary texts through performance, use of illustrations and images (ACELT1580

YEAR ONE

- 1. Listen and read Hugo's Runaway Legs.
- 2. Imagine having different legs. How would Hugo move if he had frog legs? How about penguin legs?
- 3. Practice moving and acting like Hugo with different animal legs.
- 4. Choose a narrator and listen to the story while miming or acting out the parts. Consider using instruments for sound effects, and/or props.
- 5. Write your own version of the story or rewrite the ending.
- 6. Retell the story using puppets.

KLA. Creating literature: Recreate texts imaginatively using drawing, writing, performance and digital forms of communication (ACELT1586

YEAR TWO

- 1. Listen and read Hugo's Runaway Legs.
- 2. Look at the illustrations of Hugo. Examine the facial expressions, body language and movement.
- 3. Discuss how Hugo feels and thinks. How do you know?
- 4. Practice moving and acting like Hugo with different animal legs.
- 5. Explore the other characters in the book. How do you think the frog would sound, if it could speak? What about some of the other animals?
- 6. Choose a character to portray in the drama. Explore voice and movement to create the role. Practice moving and acting like your character.

KLA. Expressing and developing ideas: Identify visual representations of characters' actions, reactions, speech and thought processes in narratives, and consider how these images add to or contradict or multiply the meaning of accompanying words (ACELA1469)

KLA. DRAMA: Use voice, facial expression, movement and space to imagine and establish role and situation (ACADRM028 **KLA. DRAMA:** Present drama that communicates ideas, including stories from their community, to an audience (ACADRM029)



MOVE LIKE A MONKEY (F - YR 3) Health and Physical Education

KLA: HEALTH AND PHYSICAL EDUCATION

Movement and physical activity

Overview: Students imitate the ways in which different animals move. This activity includes animal cards.

FOUNDATION

- 1. Listen to a reading of Hugo's Runaway Legs.
- 2. Why do Hugo's legs run away?
- 3. Talk about the different ways in which we can use our legs: walking, jumping, hopping, kicking, swimming.
- 4. Look at the illustrations on pages 3 and 4. How do frogs move? Brainstorm how other animals move.
- 5. Look at the animal cards (Move like a Monkey Activity). How do each of the animals move?
- 6. GAME: Children take turns drawing cards and pretending to move like the animals on the cards.

KLA. Movement and physical activity: Perform fundamental movement skills in a variety of movement sequences and situations <u>ACPMP025</u>

YEAR ONE/YEAR TWO/YEAR THREE

- 1. Introduce *Hugo's Runaway Legs*. Go through the BEFORE READING Discussion questions.
- 2. Listen to a reading of Hugo's Runaway Legs.
- 3. Why do Hugo's legs run away? Go through the AFTER READING Discussions questions.
- 4. Talk about the different ways in which we use our legs: walking, jumping, hopping, kicking, swimming, skipping, sliding.
- 5. Look at the illustrations on pages 3 and 4. How do frogs move? Brainstorm how other animals move.
- 6. Look at the animal cards (Move like a Monkey Activity). How do each of the animals move?
- 7. GAME 1: children take turns drawing an animal movement card and the class tries to guess the animal.
- 8. GAME 2: children line up. Draw an animal movement card. Everyone must imitate the animal as they race to a finish line.

KLA. Movement and physical activity: Perform fundamental movement skills in a variety of movement sequences and situations <u>ACPMP025</u>

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8336 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION:



UNDERSTANDING RHYTHM (YR 1 – YR 3) English Language

Overview: Students learn about rhythm, stressed and unstressed syllables.

KLA: LANGUAGE

Examining literature

- 1. Introduce *Hugo's Runaway Legs*. Go through the **BEFORE READING** discussion questions to elicit predictions about the story (RHYTHM ACTIVITY SHEET).
- 2. Read Hugo's Runaway Legs. Try to exaggerate the rhythm and rhyme of the story.
- 3. Go through the AFTER READING questions (RHYTHM ACTIVITY SHEET).
- 4. Elicit the meaning of rhythm (repeated patterns of sound or the beat) and rhyme (repetition of same sounds at the end of words).
- 5. Why do authors use rhythm? It helps readers to predict what's coming next. Without rhythm, language would just be a lot of muddled up sounds. Rhythm is like spoken music and it helps us to remember things. It's almost impossible to forget a nursery rhyme once we've learnt it.
- 6. Read the first sentence of Hugo's Runaway Legs. Can you hear the rhythm/beat? Can you clap it out?
- RHYTHM ACTIVITY SHEET exercise 3. Look at the word Hugo. If you say Hugo very slowly you can hear "Hugo" is divided into 2 parts. Hu and go. These parts are called syllables. We say the first syllable "Hu" more strongly than the 2nd syllable "go". This is what gives us the rhythm/beat.
- 8. Read the sentence again. Can you click your fingers or tap your feet every time you say a red syllable?
- 9. RHYTHM ACTIVITY SHEET exercise 4. How many syllables? Write the number of syllables below each word.
- 10. RHYTHM ACTIVITY SHEET exercise 5. Underline the stressed syllables in red.
- 11. Read Hugo's Runaway Legs one last time while clapping or stamping out the rhythm.

Year 1

KLA. Language: Learn to, recite and perform poems, chants, rhymes and songs, imitating and inventing sound patterns including alliteration and rhyme <u>ACELT1585</u>

Year 2/3

KLA. Language: Identify, reproduce and experiment with rhythmic, sound and word patterns in poems, chants, rhymes and songs <u>ACELT1592</u>

larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





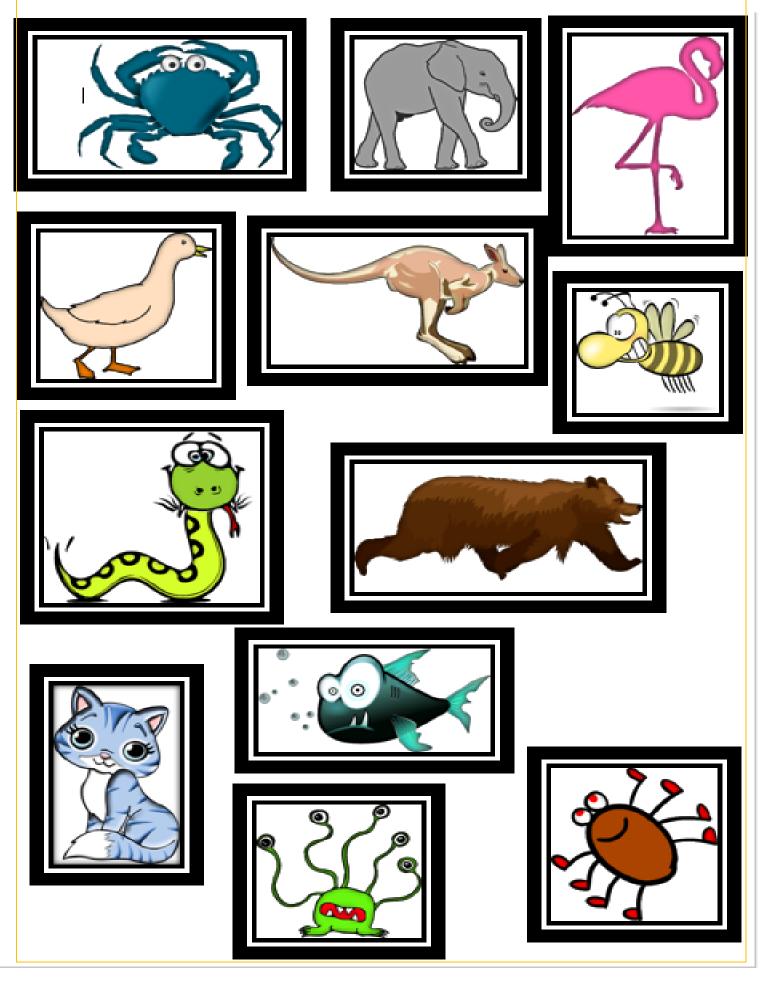
AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION:

ACTIVITY SHEETS

Guess the Animal. Can you guess who these legs belong to?



ANIMAL CARDS



RHYTHM ACTIVTY SHEET

1. BEFORE READING

Look at the front cover and the title of the book. Who wrote the book? Can you guess what the story might be about? What does the title tell us?

2. AFTER READING:

Who are the characters in the story? What are the events in this story? What is the message of this story/what is the author trying to say? How does the illustrator show what the characters are feeling? Think about movement, facial expressions and body language.

3. RHYTHM and SYLLABLES

Hugo Holt woke up one day

to find his legs had run away

4. How many syllables are there in the words below?

Hippo's	legs	Were	Way	Тоо	Fat	Penguin's	Feet	Тоо	Wet	And	Flat

5. Mark the stressed syllables

Read the sentence below and <u>underline</u> the stressed syllables in red.

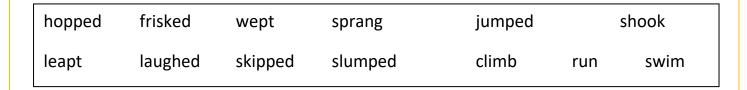
Hippo's legs were way too fat, Penguin's feet too wet and flat.



WORD SEARCH

Find and circle all of the action words that are hidden in the grid. The words may be hidden in any direction.

h	a	S	V	f	r		u	b	t	m	b	d	е	k
p	0	d	h	e	d	d	e	k	S	i	r	f	S	S
i	Ζ	р	С	h	е	u	a	Ζ	k	q	u	V	е	S
b	u		р		h	V	t	d		t	n	k	t	m
g	С	С	t	е	r	V	g	q	р	i	n	S	а	S
Ī		d	С	а	d		f	S	р	t	t	р	е	W
а	i	r	d	р	а	m	е	m	е	n	f	r	t	i
f	m		g	t	g	t	n	r	d	р	d	а	S	m
g	b	У	j	k	q	m	g	f	-	U	f	n	f	Ζ
е	q	n	С	u	d	S	h	0	0	k	q	g	q	е
а	g	V	h	S	m	0	У	С	r	k	р	f		r
d	q	b	е	d	е	р	m	u		S		V	У	S
У	V	а	У	S	S	С	е	f	Ζ	t	g	m	f	Ζ
m	f		а	u	g	h	е	d	f	u	b	r	k	
а	е	d	Х	f	d	S	t	С	d	t	t	q	С	V







Page

INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk

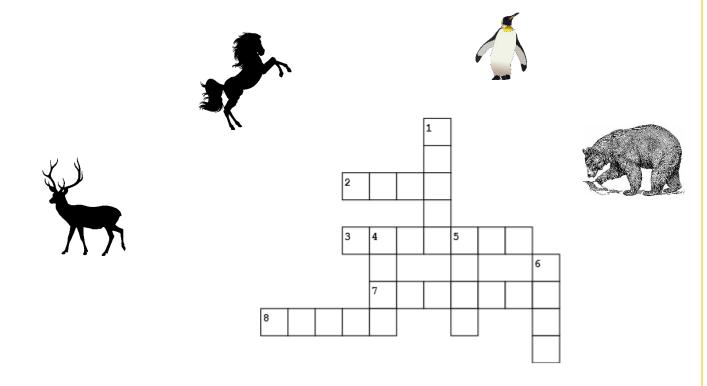


alliance DISTRIBUTION SERVICES A division of Hachette Australia AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com

LARRIKIN

AUSTRALIAN DISTRIBUTION: ADS Email: adscs@alliancedist.com.au

CAN YOU DO HUGO'S ANIMAL CROSSWORD?



Across

- 2. Hugo skipped and frisked with this animal's legs.
- 3. This animal's legs refused to move!
- 7. Which animal's legs were too tall?
- 8. Whose legs were way too fat?

Down

- 1. This animal's legs were long and fast.
- 4. Whose legs ran away?
- 5. Who laughed at Hugo?
- 6. Whose legs were too slow?









larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk

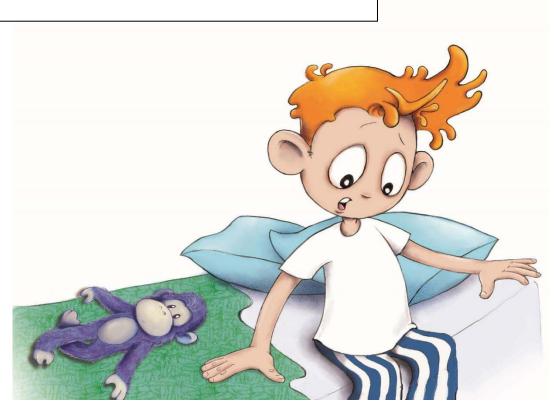




AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION:

LARRIKIN

Draw a new pair of legs for Hugo!



larrikinhouse.com



INTERNATIONAL SALES: MMS Tel: +44 (0)20 8898 5211 Email: info@mms-publishing.com www.mms-publishing.com INTERNATIONAL DISTRIBUTION: ORCA BOOK SERVICES Email: tradeorders@orcabookservices.co.uk





AUTRALIAN SALES: NEWSOUTH BOOKS Tel: +61 2 8936 1400 Email: enquiries@newsouthpublishing.com www.newsouthpublishing.com AUSTRALIAN DISTRIBUTION: ADS

Email: adscs@alliancedist.com.au



 $P_{age}15$